

Behavioural Safety Essentials

Up to 20 Participants - 2 day short course

Overview

Implementing health and safety policies and procedures is obligatory for all organisations, but getting people to have a positive attitude towards safety is another matter altogether. This 2-day programme is designed to affect peoples' perceptions of safety and cause a shift in their approach to keeping everyone safe at work with the aim of reducing unsafe behaviour and thus reduce accident rates.

Participants will be required to complete a summative outcomes postcard which will be returned to them within 1 month to reinforce the new safety behaviours they plan to implement.

Outcomes

- Identify, accept and implement personally safe behaviours at work and home
 - Identify the link between safety at work, home, family, friends etc
 - What are our responsibilities to each other
 - What do we do to keep everyone safe
 - Human vs process elements

- Identify individual roles and responsibilities to create a team safety culture
 - Safety Team Activity
 - Understanding Team Dynamics
 - Effective Team working
 - Developing a Team Safety Culture

- Recognise and question unsafe behaviour in others
 - What are the drivers of safety personal, financial, commercial, humanitarian – what works?
 - How perception and consequences reinforces beliefs
 - Personal Styles inventory
 - Taking an adult approach to keeping safe (TA)
 - Words, phrases or approaches that get the outcomes required.

- Communicating unsafe behaviours appropriately in safety conversations
 - Communication skills and styles
 - Active Listening
 - Overcoming our reluctance to challenge unsafe behaviours in others
 - The power of positive language
 - My Safety Postcard will demonstrate